



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
12-1 ALL LEVELS BJJ		12-1 ALL LEVELS BJJ		12-1 ALL LEVELS BJJ	
1-5 OPEN FOR PRIVATE LESSONS AND GROUPS	1-5 OPEN FOR PRIVATE LESSONS AND GROUPS	1-5 OPEN FOR PRIVATE LESSONS AND GROUPS	1-5 OPEN FOR PRIVATE LESSONS AND GROUPS	1-5 OPEN FOR PRIVATE LESSONS AND GROUPS	
5:30-7 MUAY THAI	5:30-6:30 ALL LEVELS NOGI	5:30-7 MUAY THAI	5:30-6:30 ALL LEVELS NOGI	5:30-6:30 FAMILY BJJ	
5:30-6:30 KIDS BJJ		5:30-6:30 KIDS BJJ		6:30-7:30 BEGINNER BJJ	
6:30-7:30 BEGINNER BJJ	6:30-7:30 FUNCTIONAL TRAINING	6:30-7:30 BEGINNER BJJ	6:30-7:30 FUNCTIONAL TRAINING	7:30-9 OPEN MAT	
7:30-9 ALL LEVELS BJJ	7:30-9:00 W&M BJJ Club	7:30-9 ALL LEVELS BJJ	7:30-9:00 W&M BJJ Club	7:00-8:30 SELF DEFENSE	